

Music Choice Board

Year 4 – Year 7

Choose 1 activity per week from the options below. Week 5 is free choice!

Term 2 Weeks 1-5

<p>Week 1 options: Listening</p>	<p>Listen to three different songs of your choice (Spotify, CD, radio etc). While you are listening, draw/paint a picture of what you imagine when you listen to the music. Show the artworks and songs to someone at home. See if they can match the song to the art!</p>	<p>Create a study playlist. Choose songs that will help you to concentrate on your school work. You can either write a list of songs that you have on CDs at home, create a playlist on Spotify/Apple Music/YouTube (or whatever you stream from), or make an mp3 playlist on a phone/iPod/device. Then, listen to your playlist while you study!</p>	<p>Internet-based: Check out some of these TED Talks by inspiring young musicians. Google “9 musical performances by young TEDsters”. Write down some things that you find interesting or inspiring, or anything that you learnt by listening to the TED Talks.</p>
<p>Week 2 options: Singing</p>	<p>Put your favourite song on (Spotify, CD, radio etc) and sing out loud! Singing is good for your body and brain, and it can help you to feel good. If you like, grab a brush for a microphone and pretend that you’re on Australia’s Got Talent!</p>	<p>Sing the Australian National Anthem. See if you can research the words for Verse 2 and learn them too! Verse 2 starts with: <i>Beneath our radiant Southern Cross</i></p>	<p>Internet-based: Learn to sing and sign the song Lean on Me. This video has the lyrics and the Auslan (sign language). Search YouTube for “Lean on Me (cover) with lyrics and Auslan”.</p>
<p>Week 3 options: Playing</p>	<p>Do some drumming along to a song of your choice (Spotify, CD, radio etc). Be creative about what you use to drum on (a bucket, an empty ice cream container, a couch). Try to listen to the main beat and play along with that at first. Then, listen to the different rhythms that are built on top of the beat, and play along with these. The rhythms will change throughout the song, so keep listening and improvising as you go!</p>	<p>If you have an instrument at home, you could practice playing that. Have a go at playing piano, keyboard, guitar, ukulele, recorder, or whatever instrument you are lucky enough to have. See if you can work out how to play a simple song by ear, like Hot Cross Buns, Baby Shark or Are You Sleeping. Maybe someone at home can help! If you have internet access, you could use a tutorial from Little Kids Rock (Google “Little Kids Rock”).</p>	<p>Internet-based: Play along with music and animations. Search YouTube for “Alla Turka - Home edition – Percussion”. Choose an action for each coloured symbol. For example, clap on blue, click on yellow, stomp on red, pat legs on green. Try to do it all yourself, or play along with others by taking a colour each.</p>
<p>Week 4 options: Composing</p>	<p>Write a rap about our current situation. For example, to help people to remember about social distancing, hand sanitiser, coughing into your elbow etc. Keep a steady beat by tapping on a table or using body percussion (clicks, claps, pats, stomps etc), and practice performing your rap in time with the beat. If you have access, you could use Incredibox or Groove Pizza to create a rhythmic backing to accompany your rap.</p>	<p>Rewrite the words to one of your favourite songs, to make it about a completely different topic. Try to keep the same rhythm (syllables) as the original song, and make sure that you pay attention to where it should rhyme. For example, to the tune of Old Town Road: <i>I’m gonna make myself a nice cup of tea, And then I’ll, sit back and watch TV.</i></p>	<p>Internet-based: Experiment with BeastBox. Similar to Incredibox, but it uses real animal sounds collected from the wild for you to mix and loop. Google “BeastBox – DJ with Animal Sounds”. Unlock Beast Mode to listen to a song composed entirely of sounds from the featured ecosystem, while controlling the moves of the animals as they dance.</p>
<p>Week 5</p>	<p>Free choice from all of the activities above!</p>		

Record what activities you do in your Music Journal each week. If you currently take instrumental lessons through our Instrumental Music program, then your instrumental practice should be in addition to the above. Instructions and links to support all of the above activities, as well as the Instrumental Music program, are available at <https://vhr7music.edublogs.org/>.